

IMPACT OF GAMBLING HARM ON MĀORI HEALTH

Taha Wairua (Spiritual health)

Disconnection from cultural identity⁴

Appropriation of cultural symbols⁹

Whakamā as a result of gambling⁷

Taha Hinengaro (Mental health)

Lower overall satisfaction with life⁴

Depression, stress, or anxiety⁹

Suicidal ideation or attempts⁹

HAUORA MĀORI



Taha Tinana (Physical health)

Increased risk of verbal, emotional, psychological, physical, or sexual abuse⁵

Poor nutrition and substandard housing⁴

Increased risk of suicide, particularly for youth⁹

Taha Whānau (Family health)

Harm to relationships with partners, children, family & friends⁴

Impacts on whānau cohesion and social networks⁴

Increased risk of multiple harms for Wāhine¹

External influences

Circumstances of high social deprivation¹

Accessibility of gambling opportunities⁴

Loyalty programmes tethering gamblers; discounted food/drink incentivising gambling⁴

Seen to support community and sporting events⁹

Potential of financial gain for debts and bills⁴

Supporting positive gambling outcomes

Increase reach & capability of cultural services³

Provide information about gambling odds⁴

Alternative opportunities for recreation & relaxation⁴

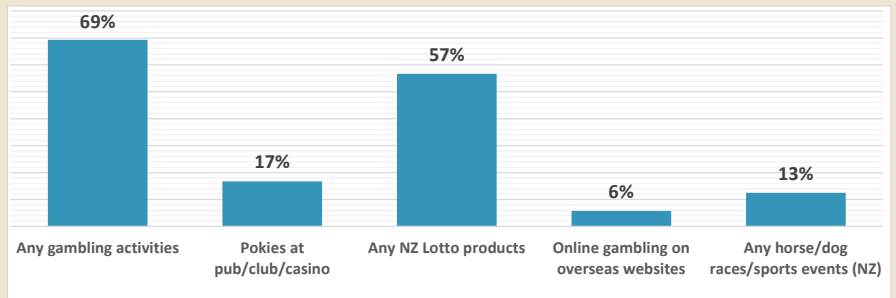
Facilitate opportunities for kaumātua to socialise⁹

Whai awhina? Need help? Free and confidential counselling and support services throughout New Zealand for anyone impacted by gambling harm – 0800 664 262

GAMBLING STATISTICS FOR MĀORI

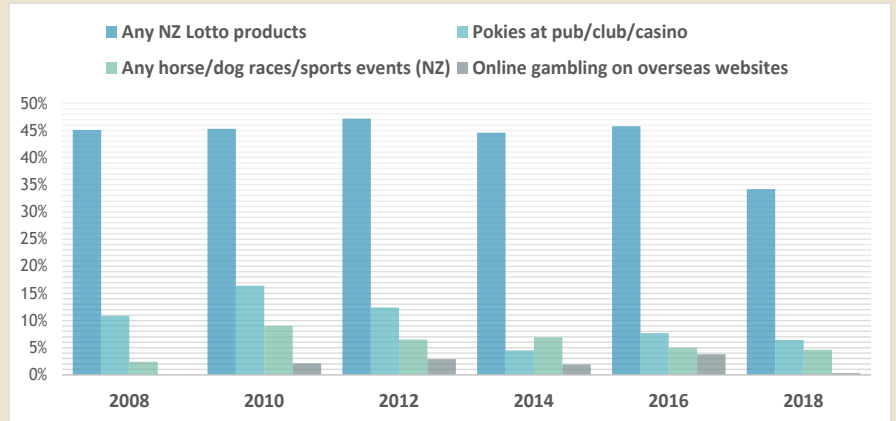
Past year gambling

Participation in at least one form of gambling was 69.3%. NZ lotteries products were purchased by 56.7%, 16.7% gambled on pokies in a pub/club or casino, 12.5% bet on animal racing or sport, and 5.8% took part in overseas online gambling.



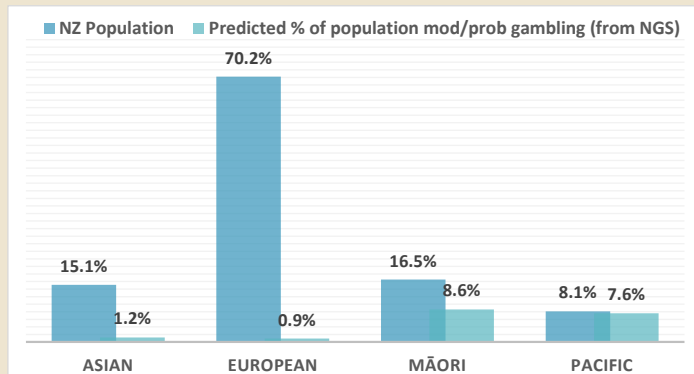
Gambling participation

The popularity of gambling types remained static. New Zealand Lotteries products were consistently and substantially most popular, pokies and betting on sports/animal racing fluctuated while trending downward overall. A smaller percentage gambled online via overseas websites.



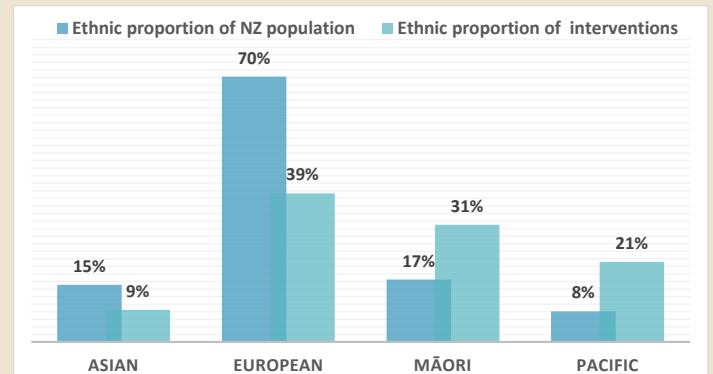
Predicted gambling risk, by ethnicity

Māori experience disproportionate levels of moderate/problem gambling.²



Presentations to gambling services

Māori make up 17% of the population and accounted for 31% of presentations over 2017/18.¹⁰



Sources

1. Ministry of Health. 2019. Strategy to Prevent and Minimise Gambling Harm 2019/20 to 2021/22: Wellington: Ministry of Health.
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4. Levy, Michelle. 2015. The impacts of gambling for māori families and communities: a strengths-based approach to achieving whānau ora Te Runanga o Kirikiriroa.
5. Auckland University of Technology. 2017. Problem Gambling and Family Violence in Help-Seeking Populations: Co-Occurrence, Impact and Coping. Wellington: Ministry of Health.
6. Lucas, N., Thimasarn-Anwar, T., & Martin, G. (2019). Second-hand gambling harm and concern about gambling within the community: Results from the 2018 Health and Lifestyles Survey. Wellington: Health Promotion Agency/Te Hiringa Hauora (HPA).
7. Palmer du Preez, K., Mauchline, L., Paavonen, A., Thurlow, R., Garrett, N., Bellringer, M.E., Landon, J., & Abbott, M. (2019). A mixed methods analysis of gambling harm for women in New Zealand. Auckland: Auckland University of Technology, Gambling and Addictions Research Centre.
8. Ministry of Health. 2018. Progress on Gambling Harm Reduction 2010 to 2017: Outcomes report – New Zealand Strategy to Prevent and Minimise Gambling Harm. Wellington: Ministry of Health.
9. Central Queensland University and Auckland University of Technology. 2017. Measuring the Burden of Gambling Harm in New Zealand. Wellington: Ministry of Health.
10. Ministry of Health. 2020. Clients Assisted, by Ethnicity (Ex Brief Interventions) Retrieved from www.health.govt.nz/our-work/mental-health-and-addictions/gambling/service-user-data/intervention-client-data

PGF Group provide free and confidential counselling and support to anyone affected by gambling harm

