

# Impact of Gambling Harm on Māori Health

## Taha Wairua (Spiritual health)

Disconnection from cultural identity<sup>4</sup>  
Appropriation of cultural symbols<sup>9</sup>  
Whakamā as a result of gambling<sup>7</sup>

## Taha Hinengaro (Mental health)

Lower overall satisfaction with life<sup>4</sup>  
Depression, stress, or anxiety<sup>9</sup>  
Suicidal ideation or attempts<sup>9</sup>

# HAUORA MĀORI



## Taha Tinana (Physical health)

Increased risk of verbal, emotional, psychological, physical, or sexual abuse<sup>5</sup>  
Poor nutrition and substandard housing<sup>4</sup>  
Increased risk of suicide, particularly for youth<sup>9</sup>

## Taha Whānau (Family health)

Harm to relationships with partners, children, family & friends<sup>4</sup>  
Impacts on whānau cohesion and social networks<sup>4</sup>  
Increased risk of multiple harms for Wāhine<sup>1</sup>

## External influences

Circumstances of high social deprivation<sup>1</sup>  
Accessibility of gambling opportunities<sup>4</sup>  
Loyalty programmes tethering gamblers; discounted food/drink incentivising gambling<sup>4</sup>  
Seen to support community and sporting events<sup>9</sup>  
Potential of financial gain for debts and bills<sup>4</sup>

## Supporting positive gambling outcomes

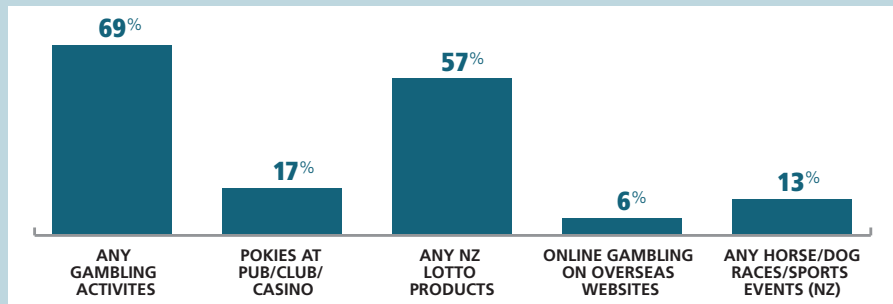
Increase reach & capability of cultural services<sup>3</sup>  
Provide information about gambling odds<sup>4</sup>  
Alternative opportunities for recreation & relaxation<sup>4</sup>  
Facilitate opportunities for kaumātua to socialise<sup>9</sup>

Whai awihina? Need help? Free and confidential counselling and support services throughout New Zealand for anyone impacted by gambling harm – **0800 664 262**

# Gambling statistics for Māori

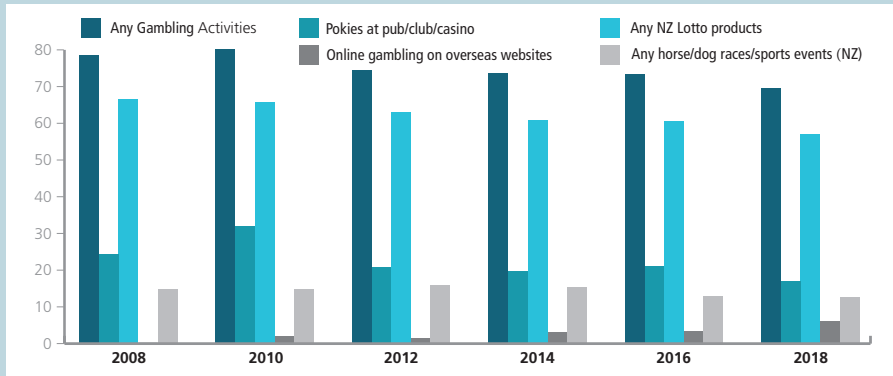
## Past year gambling

Participation in at least one form of gambling was 69.3%. NZ lotteries products were purchased by 56.7%, 16.7% gambled on pokies in a pub/club or casino, 12.5% bet on animal racing or sport, and 5.8% took part in overseas online gambling.



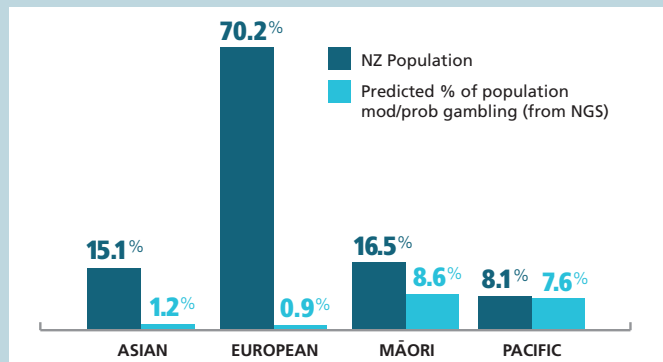
## Gambling participation

The popularity of gambling types remained static. New Zealand Lotteries products were consistently and substantially most popular, pokies and betting on sports/animal racing fluctuated while trending downward overall. A smaller percentage gambled online via overseas websites.



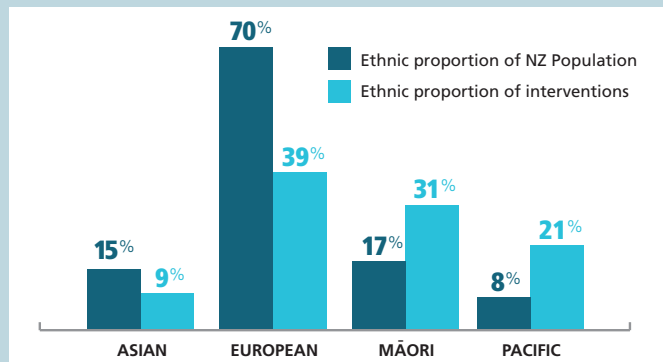
## Predicted gambling risk, by ethnicity

Māori experience disproportionate levels of moderate/problem gambling.<sup>2</sup>



## Presentations to gambling services

Māori make up 17% of the population and accounted for 31% of presentations over 2017/18.<sup>10</sup>



### SOURCES

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PGF Group provides free and confidential counselling and support services to anyone affected by gambling harm